

2024 SBF COACHING PROGRAMMES

SBF Level I Coaching Course			
Date	Courses	Enrolment Fees	Remarks
23 April – 18 May 2024	SBF Level I Coaching Course	TBA	Tue & Thur 6.30pm – 9.30pm Sat: 9am – 5pm (Subject to changes)
25 May 2024	SBF Level I Exam (Technical)		
June 2024 (TBC)	SG-Coach Theory and Fundamental Sports Science Exam		
SBF Level II Coaching Course			
Date	Courses	Enrolment Fees	Remarks
2 July - 10 August 2024	SBF Level II Coaching Course	TBA	Tue & Thur 6.30pm – 9.30pm Sat: 9am – 5pm (Subject to changes)
17 Aug 2024	SBF Level II Technical Exam		
Sep 2024 (TBC)	Intermediate Sports Science Exam		
SBF Level III Coaching Course			
Date	Courses	Enrolment Fees	Remarks
Module 2			
19 - 23 August 2024	SBF Level III Module 2	TBA	
31 August 2024	SBF Level III Module 2 Exam		
Module 3			
Jan/Feb 2025	SBF Level III Module 3	TBA	
Jan/Feb 2025	SBF Level III Module 3 Exam		
Coaching Continuation Education Workshop			
Date	Courses	Enrolment Fees	Remarks
22, 29 Feb & 1 Mar 2024	CCE Workshop – Mental Skills by Edgar Tham	\$310	
21 & 22 Mar 2024	CCE Workshop – Lane Play by John Janawisz	TBA	
June 2024	CCE Workshop (TBC)	TBA	
September 2024	CCE Workshop (TBC)	TBA	

Notes:-

- 1) Participants must be a minimum of 18 years of age
- 2) 10% discount for all ROAC & ROC registered coaches.
- 3) An additional 10% discount will be given for re-taking of courses