

**52ND SINGAPORE NATIONALS &
7TH NATIONAL YOUTH CHAMPIONSHIPS 2022
28 MAY - 11 JUNE 2022
MIXED SENIORS HANDICAP CHART**



BIRTH YEAR	AGE	MEN'S SENIOR	WOMEN'S SENIOR
1972 to 1968	50 - 54	0	0 + 15
1967	55	1	1 + 15
1966	56	2	2 + 15
1965	57	3	3 + 15
1964	58	4	4 + 15
1963	59	5	5 + 15
1962	60	6	6 + 15
1961	61	7	7 + 15
1960	62	8	8 + 15
1959	63	9	9 + 15
1958	64	10	10 + 15
1957	65	11	11 + 15
1956	66	12	12 + 15
1955	67	13	13 + 15
1954	68	14	14 + 15
1953	69	15	15 + 15
1952	70	16	16 + 15
1951	71	17	17 + 15
1950	72	18	18 + 15
1949	73	19	19 + 15
1948	74	20	20 + 15
1947	75	21	21 + 15
1946	76	22	22 + 15
1945	77	23	23 + 15
1944	78	24	24 + 15
1943	79	25	25 + 15
1942	80	26	26 + 15
1941	81	27	27 + 15
1940	82	28	28 + 15
1939	83	29	29 + 15
1938	84	30	30 + 15
1937	85	31	31 + 15