

## Singapore Bowling Coaching Programme 2019

<b>SBF Level III Coaching Course (conducted by Sid Allen)</b>			
• 2 to 6 September 2019 10am – 5pm <b>(5 Days)</b>	SBF Level III Coaching Course – Module 1 (Theory)	\$400/-	SBF Conference Room
• 14 September 2019 10am	SBF Level III Module 1 Exam	\$150/-	SBF Conference Room
• 4 to 7 November 2019 10am – 5pm <b>(4 Days)</b>	SBF Level III Coaching Course – Module 2 (Video Analysis)	\$320/-	SBF Conference Room
• 9 November 2019 10am	SBF Level III Module 2 Exam	\$150/-	SBF Conference Room
• 16 to 19 December 2019 10am – 5pm <b>(4 Days)</b>	SBF Level III Coaching Course – Module 3 (Error Correction)	\$320/-	SBF Conference Room
• 21 December 2019 10am	SBF Level III Module 3 Exam	\$150/-	SBF Conference Room

<b>SBF Level IV Coaching Course &amp; Coaching Continuation Education Workshop</b>			
Date	Courses	Enrolment Fee	
22 & 24 February 2019 (9am – 5pm)	<b>Develop Mental Bowling – A Guide to Mental Mastery of the Lanes</b> by Dr Dean Hinitz	\$210/-	Singapore Sports School
31 July to 1 August 2019 (10am – 4.30pm)	<b>Level 4 KEGEL Ball Drilling Course</b> by KEGEL Del Warren	TBC	Singapore Bowling Federation
2 to 5 August 2019 (10am – 4.30pm)	<b>Level 4 Ball Transition &amp; Lane Play</b> by KEGEL Del Warren	TBC	TBC
6 to 7 August 2019 (10am – 4.30pm)	<b>2 Handed Bowling Clinic</b> by KEGEL Del Warren	TBC	Singapore Bowling Federation
14 & 15 October 2019 (9.30am – 4.30pm)	<b>Mental Workshop</b> by Dr Chris Mesagno	TBC	TBC

**\*Course dates are subject to changes, therefore please refer to our website or Facebook Page for latest information.**

*For more information, please contact the following persons.*

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